

## Lavleen Kaur's Diet Insight Clinic

**Address**

SCO 1130-31, 1st floor, Sector 22-B

**Contact Person**

Lavleen Kaur

**Mobile Number****Email**

contact@dietinsight.in

Lavleen Kaur is a well-qualified and experienced dietitian, providing the most suitable and healthy **diet plan for weight loss**. She believes in formulating a healthy lifestyle rather than supporting quick weight loss diets, tablets or the use of any supplements. From basic health concerns like weight loss, weight gain, to particular issues like kid's nourishment, pre-wedding, and pregnancy care, she gives several personalized diet programs. Besides, she posts simple videos on most used social media platforms to help and educate the people about various diet suggestions in a simple way.

For more details, please visit <https://www.indiabusinessstoday.in/detail/lavleen-kaur-s-diet-insight-clinic-chandigarh-555344>

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