

## Best Skincare Routine For Your Newborn

little rituals



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Baby massage is not a new thing for Indians and even has its roots in historical works of literature. Massage is more than a form of relaxation and has been a part of Ayurvedic medicine for centuries. It enhances blood circulation, helps get rid of toxins, improves digestive functions, and boosts overall well-being.

For more details, please visit <https://www.indiabusinessstoday.in/detail/best-skincare-routine-for-your-newborn-rajkot-561337>

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