

## Arogya Yoga School 2023



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## Yoga Teacher Training in Rishikesh India

**200 Hour Hatha and Ashtanga Yoga Teacher Training Course at Arogya Yoga School, Rishikesh. Certified by Yoga Alliance USA.** If you are looking to bring a change into your life by learning yoga for self-rejuvenation or transfer the benefits to others, by getting a professional certificate and expertise, then Arogya Yoga School is the perfect fit for you.

### How can I become a yoga instructor - Yoga Teacher?

Yoga Alliance RYT – **Registered Yoga Teacher** designation requires a minimum of 200 practice hours. If you are looking to bring a change into your life by learning yoga for self-rejuvenation or transfer the benefits to others, by getting a professional certificate and expertise **200 Hour Yoga Teacher Training in Rishikesh, India- Apply Now**

For more details, please visit <https://www.indiabusinessstoday.in/detail/arogyayoga-school-2023-rishikesh-565413>

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